

# Wawayanda State Park - West

## WAY OVER YONDER SPRINT TRIATHLON AT

**USA TRIATHLON**  
**OFF-ROAD**

2020 National Championships

- Wawayanda Trails**
- AT - Appalachian\* - 4.8 mi
  - BA - Banker - 1.8 mi
  - BE - Black Eagle - 0.7 mi
  - BG - Boulder Garden - 0.6 mi
  - CS - Cedar Swamp - 1.4 mi
  - DP - Double Pond - 1.7 mi
  - IM - Iron Mountain - 2.9 mi
  - LP - Laurel Pond - 1.5 mi
  - LO - Lookout - 0.9 mi
  - OC - Old Coal - 2.7 mi
  - PK - Pickle - 0.6 mi
  - PN - Pines - 0.8 mi
  - PL - Plymouth Lane - 0.9 mi
  - PH - Pump House - 2.9 mi
  - RA - Rattlesnake - 0.6 mi
  - RD - Red Dot - 1.8 mi
  - SB - Sitting Bear - 1.3 mi
  - SE - South End - 1.1 mi
  - TI - Timber - 0.7 mi
  - TU - Turkey Ridge - 1.9 mi
  - TB - Twin Bridges - 1.2 mi
  - WH - William Hoeflerlin - 2.9 mi
  - WI - Wingdam - 1.2 mi
- \*trail continues outside park

**MAP KEY CODE**

- SPRINT RUN (& 1<sup>st</sup> RUN DUATHLON)
- SPRINT MTB COURSE
- MTB COURSES SPLIT

**Start/Finish & Transition**

**Swim**

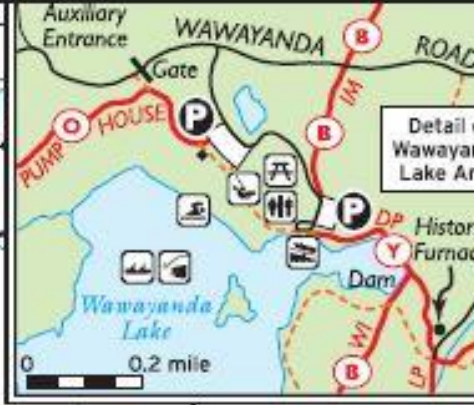
**AID**

**AID**

Course Design  
Property of  
Ready Set Go  
Adventures

Marked trail		Appalachian Trail (white)		Shelter	
Unimproved Road		Unimproved Road		Mine	
Parking		Parking (shoulder)			
Unmarked trail					

B Blue    G Green    O Orange  
R Red    W White    Y Yellow



Challenging climbs and descents occur on some trails - park can recommend trails based on your preferred level of difficulty.