

## 2023 MEGA

Bib	Div Place	Name	Class	Gender	S1	S2	S3	S4	S5	S6	Total Segment	Div
111	1	Lisa Csencsits	87 Mile	Female	0:04:00	06:00.0	06:00.0	05:30.0	05:00.0	04:29.0	0:30:59	30-39
229	2	Jillian Foley	87 Mile	Female	0:03:30	06:00.0	06:00.0	07:30.0	07:00.0	04:30.0	0:34:30	30-39
381	3	Dee Griffith	Staff	Female	0:04:18	07:31.0	07:31.0	06:59.0	06:07.0	05:39.0	0:38:05	30-39
220	1	Emily Flynn	87 Mile	Female	0:03:01	05:19.0	05:19.0	05:09.0	04:53.0	04:46.0	0:28:27	40-49
186	2	Jennie Williams	87 Mile	Female	0:04:00	07:00.0	07:00.0	07:00.0	06:15.0	05:15.0	0:36:30	40-49
122	3	Susan Hinds	87 Mile	Female	0:05:00	08:00.0	08:00.0	08:30.0	07:00.0	05:30.0	0:42:00	40-49
213	1	Sam Poryanda	87 Mile	Male	0:03:00	04:30.0	04:30.0	04:00.0	04:30.0	03:00.0	0:23:30	29 & Under
216	2	Drew Fagerlin	87 Mile	Male	0:02:30	04:59.0	04:59.0	03:30.0	04:30.0	03:30.0	0:23:58	29 & Under
210	3	Daniel McGrath	87 Mile	Male	0:03:00	05:00.0	05:00.0	04:01.0	04:30.0	04:30.0	0:26:01	29 & Under
244	4	Haru Watts	87 Mile	Male	0:02:56	05:24.0	05:24.0	04:54.0	05:24.0	04:55.0	0:28:57	29 & Under
206	5	Bryan Gil	87 Mile	Male	0:04:00	06:30.0	06:30.0	07:00.0	07:00.0	06:00.0	0:37:00	29 & Under
123	1	Gorgi Popstefanov	87 Mile	Male	0:02:29	05:00.0	05:00.0	04:00.0	04:00.0	03:30.0	0:23:59	30-39
241	2	Brandon Jennings	87 Mile	Male	0:04:00	04:30.0	04:30.0	03:31.0	04:01.0	03:31.0	0:24:03	30-39
228	3	Spencer Bader	87 Mile	Male	0:02:53	04:48.0	04:48.0	04:19.0	04:49.0	03:51.0	0:25:28	30-39
231	4	Jeremy Scheid	87 Mile	Male	0:04:00	05:00.0	05:00.0	04:00.0	04:00.0	03:29.0	0:25:29	30-39
183	5	Billy Holl	87 Mile	Male	0:02:30	05:00.0	05:00.0	04:01.0	05:00.0	04:31.0	0:26:02	30-39
214	6	Ari Kaputkin	87 Mile	Male	0:03:00	05:31.0	05:31.0	04:30.0	05:00.0	04:31.0	0:28:03	30-39
237	7	Andrew Alvarez	87 Mile	Male	0:03:30	05:30.0	05:30.0	05:00.0	05:30.0	04:00.0	0:29:00	30-39
185	7	David Thompson	87 Mile	Male	0:03:30	05:30.0	05:30.0	05:00.0	05:30.0	04:01.0	0:29:01	30-39
102	8	Boris Yankelevich	87 Mile	Male	0:03:00	05:30.0	05:30.0	04:30.0	06:00.0	05:00.0	0:29:30	30-39
114	9	James LaLonde	87 Mile	Male	0:06:30	0:03:09	0:05:19	0:05:09	0:04:53	0:04:46	0:29:46	30-39
222	10	Jesse Destefano	87 Mile	Male	0:03:00	06:30.0	06:30.0	05:30.0	05:30.0	04:30.0	0:31:30	30-39
120	11	Nicholas Ridgway	87 Mile	Male	0:03:31	06:30.0	06:30.0	05:30.0	05:30.0	04:31.0	0:32:02	30-39
168	12	Scott Valastyan	87 Mile	Male	0:04:00	06:30.0	06:30.0	06:30.0	06:38.0	05:15.0	0:35:23	30-39
125	13	Forest Penland	87 Mile	Male	0:04:30	07:00.0	07:00.0	07:30.0	06:00.0	04:59.0	0:36:59	30-39
141	14	Robert Kovarik	87 Mile	Male	0:04:00	06:30.0	06:30.0	11:00.0	05:45.0	05:15.0	0:39:00	30-39
224	15	Sean Cassidy	87 Mile	Male	0:03:59	07:00.0	07:00.0	07:30.0	09:16.0	05:44.0	0:40:29	30-39
161	16	Julian Harris	87 Mile	Male	0:05:01	07:30.0	07:30.0	07:30.0	07:30.0	07:18.0	0:42:19	30-39
184	1	adam ensalata	87 Mile	Male	0:03:01	05:00.0	05:00.0	05:00.0	05:00.0	04:29.0	0:27:30	40-49
247	2	Julien Dugal-Tessier	87 Mile	Male	0:03:04	05:06.0	05:06.0	04:05.0	05:07.0	05:07.0	0:27:35	40-49
208	3	Fernando Sattaur	87 Mile	Male	0:03:00	05:30.0	05:30.0	05:00.0	04:30.0	04:30.0	0:28:00	40-49
118	4	Stephen Katuska	87 Mile	Male	0:03:30	05:30.0	05:30.0	05:31.0	05:00.0	04:00.0	0:29:01	40-49
230	5	Michael Matarazzo	87 Mile	Male	0:03:30	05:29.0	05:29.0	05:30.0	05:00.0	04:15.0	0:29:13	40-49
155	6	Graeme Kenny	87 Mile	Male	0:04:01	06:00.0	06:00.0	05:01.0	05:01.0	04:30.0	0:30:33	40-49
246	7	Roy Chaves	87 Mile	Male	0:03:34	05:47.0	05:47.0	05:20.0	05:21.0	04:54.0	0:30:43	40-49
110	8	Andrew Csencsits	87 Mile	Male	0:03:30	06:00.0	06:00.0	06:00.0	05:00.0	04:30.0	0:31:00	40-49
140	9	Benedict Po	87 Mile	Male	0:03:31	05:59.0	05:59.0	06:00.0	05:30.0	05:00.0	0:31:59	40-49

138	10	Matt Kempler	87 Mile	Male	0:03:00	06:30.0	06:30.0	06:30.0	05:05.0	04:30.0	0:32:05	40-49
169	11	Noah Sideman	87 Mile	Male	0:04:00	06:30.0	06:30.0	06:30.0	05:00.0	05:00.0	0:33:30	40-49
200	12	Kris Marek	87 Mile	Male	0:04:00	06:30.0	06:30.0	06:30.0	05:30.0	04:30.0	0:33:30	40-49
193	13	JOHN CONSTANTELOS	87 Mile	Male	0:04:00	06:31.0	06:31.0	06:00.0	06:00.0	05:15.0	0:34:17	40-49
166	14	Joseph Rodriguez	87 Mile	Male	0:04:00	06:30.0	06:30.0	07:30.0	05:30.0	04:30.0	0:34:30	40-49
243	15	Matthew Mahan	87 Mile	Male	0:04:00	06:01.0	06:01.0	06:31.0	06:30.0	05:31.0	0:34:34	40-49
201	16	Gildardo Lobo	87 Mile	Male	0:04:00	07:02.0	07:02.0	06:29.0	06:00.0	04:30.0	0:35:03	40-49
124	17	Rafal Listopad	87 Mile	Male	0:06:01	06:30.0	06:30.0	07:30.0	06:01.0	04:29.0	0:37:01	40-49
159	18	Nick Burton	87 Mile	Male	0:04:30	07:00.0	07:00.0	07:01.0	06:39.0	05:15.0	0:37:25	40-49
167	19	Hamish Parsons	87 Mile	Male	0:02:53	05:08.0	05:08.0	04:32.0	17:00.0	03:00.0	0:37:41	40-49
158	20	George Spetz	87 Mile	Male	0:04:00	07:30.0	07:30.0	06:30.0	06:44.0	06:30.0	0:38:44	40-49
196	21	Stan Krzyminski	87 Mile	Male	0:04:30	08:00.0	08:00.0	07:00.0	07:00.0	06:17.0	0:40:47	40-49
136	22	Ian Ruegg	87 Mile	Male	0:04:30	07:30.0	07:30.0	08:30.0	06:30.0	06:36.0	0:41:06	40-49
221	1	James Anzalone	87 Mile	Male	0:03:00	04:59.0	04:59.0	05:00.0	05:30.0	04:30.0	0:27:58	50-59
235	2	Jeffrey Miller	87 Mile	Male	0:03:15	05:06.0	05:06.0	05:06.0	05:07.0	04:38.0	0:28:18	50-59
242	3	Dan Larino	87 Mile	Male	0:03:00	05:31.0	05:31.0	05:00.0	04:31.0	05:00.0	0:28:33	50-59
146	4	Brent Jenkins	87 Mile	Male	0:03:30	05:00.0	05:00.0	05:00.0	05:30.0	05:30.0	0:29:30	50-59
100	5	Frank Glomb	87 Mile	Male	0:03:30	05:30.0	05:30.0	05:30.0	05:00.0	04:30.0	0:29:30	50-59
223	6	Leo Semonsky	87 Mile	Male	0:03:00	06:00.0	06:00.0	05:00.0	05:00.0	04:31.0	0:29:31	50-59
238	7	John O'Leary	87 Mile	Male	0:02:59	05:57.0	05:57.0	04:58.0	05:28.0	04:28.0	0:29:47	50-59
195	8	Marc Innella	87 Mile	Male	0:03:30	05:30.0	05:30.0	06:00.0	05:30.0	05:00.0	0:31:00	50-59
139	9	Michael Grey	87 Mile	Male	0:04:00	06:00.0	06:00.0	06:00.0	04:30.0	04:30.0	0:31:00	50-59
131	10	Dean Corette	87 Mile	Male	0:03:30	06:00.0	06:00.0	06:00.0	05:30.0	04:30.0	0:31:30	50-59
103	11	GREG Ocdinaria	87 Mile	Male	0:03:30	06:30.0	06:30.0	06:31.0	05:00.0	04:00.0	0:32:01	50-59
194	12	Kevin Kennedy	87 Mile	Male	0:03:30	06:29.0	06:29.0	06:30.0	05:15.0	05:00.0	0:33:13	50-59
190	13	Nicholas Reilly	87 Mile	Male	0:04:00	06:29.0	06:29.0	06:00.0	06:00.0	04:30.0	0:33:28	50-59
199	14	Richard Pinnola	87 Mile	Male	0:04:30	06:00.0	06:00.0	05:00.0	08:00.0	04:30.0	0:34:00	50-59
226	15	Ronald Petty	87 Mile	Male	0:03:30	06:00.0	06:00.0	07:30.0	05:30.0	05:30.0	0:34:00	50-59
108	16	Ken Inness	87 Mile	Male	0:04:00	07:30.0	07:30.0	07:30.0	06:00.0	05:00.0	0:37:30	50-59
148	17	Andrew Wheeler	87 Mile	Male	0:03:30	07:00.0	07:00.0	06:30.0	07:01.0	06:30.0	0:37:31	50-59
245	18	Nick Roesch	87 Mile	Male	0:03:28	06:56.0	06:56.0	09:14.0	07:30.0	05:46.0	0:39:50	50-59
234	19	Jonathan Mitchell	87 Mile	Male	0:04:30	07:01.0	07:01.0	09:31.0	07:00.0	06:45.0	0:41:48	50-59
163	20	Paul Sulse	87 Mile	Male	0:03:59	08:00.0	08:00.0	12:00.0	06:30.0	05:45.0	0:44:14	50-59
233	21	Roy Voss	87 Mile	Male	0:05:30	12:31.0	12:31.0	09:30.0	08:00.0	07:30.0	0:55:32	50-59
173	22	Brian Buurma	87 Mile	Male	0:04:30	23:06.0	23:06.0	07:30.0	10:00.0	05:45.0	1:13:57	50-59
202	1	Rainer Brueckheimer	87 Mile	Male	0:03:00	05:30.0	05:30.0	06:00.0	05:31.0	04:30.0	0:30:01	60+
211	2	Ram Mudambi	87 Mile	Male	0:03:30	05:30.0	05:30.0	05:30.0	06:01.0	04:15.0	0:30:16	60+
153	3	Salvatore Filannino	87 Mile	Male	0:03:30	06:30.0	06:30.0	07:00.0	05:29.0	04:30.0	0:33:29	60+
162	4	Fafar Bayat	87 Mile	Male	0:03:30	06:30.0	06:30.0	08:00.0	05:30.0	04:45.0	0:34:45	60+
225	5	Phil Hoke	87 Mile	Male	0:04:01	06:30.0	06:30.0	06:01.0	07:30.0	05:15.0	0:35:47	60+
160	6	Rob Pisciotta	87 Mile	Male	0:04:00	06:59.0	06:59.0	07:00.0	06:00.0	05:01.0	0:35:59	60+

203	7	Gaspar Giordano	87 Mile	Male	0:03:31	05:59.0	05:59.0	07:00.0	08:00.0	05:30.0	0:35:59	60+
207	8	Andrew Indeck	87 Mile	Male	0:04:30	07:00.0	07:00.0	07:00.0	07:00.0	06:30.0	0:39:00	60+
178	9	Jonathan Burleigh	87 Mile	Male	0:04:30	08:00.0	08:00.0	08:01.0	07:01.0	05:31.0	0:41:03	60+
198	10	CHRIS LARKIN	87 Mile	Male	0:04:00	14:00.0	14:00.0	06:30.0	05:30.0	04:01.0	0:48:01	60+
217	11	Frederic Arbogast	87 Mile	Male	0:04:30	28:00.0	28:00.0	06:30.0	05:30.0	05:15.0	1:17:45	60+