



Virtual Racer Meeting

- ▶ MAY 11, 2024 EDITION
- ▶ BURNT MILLS PARK, BEDMINSTER

Introductions

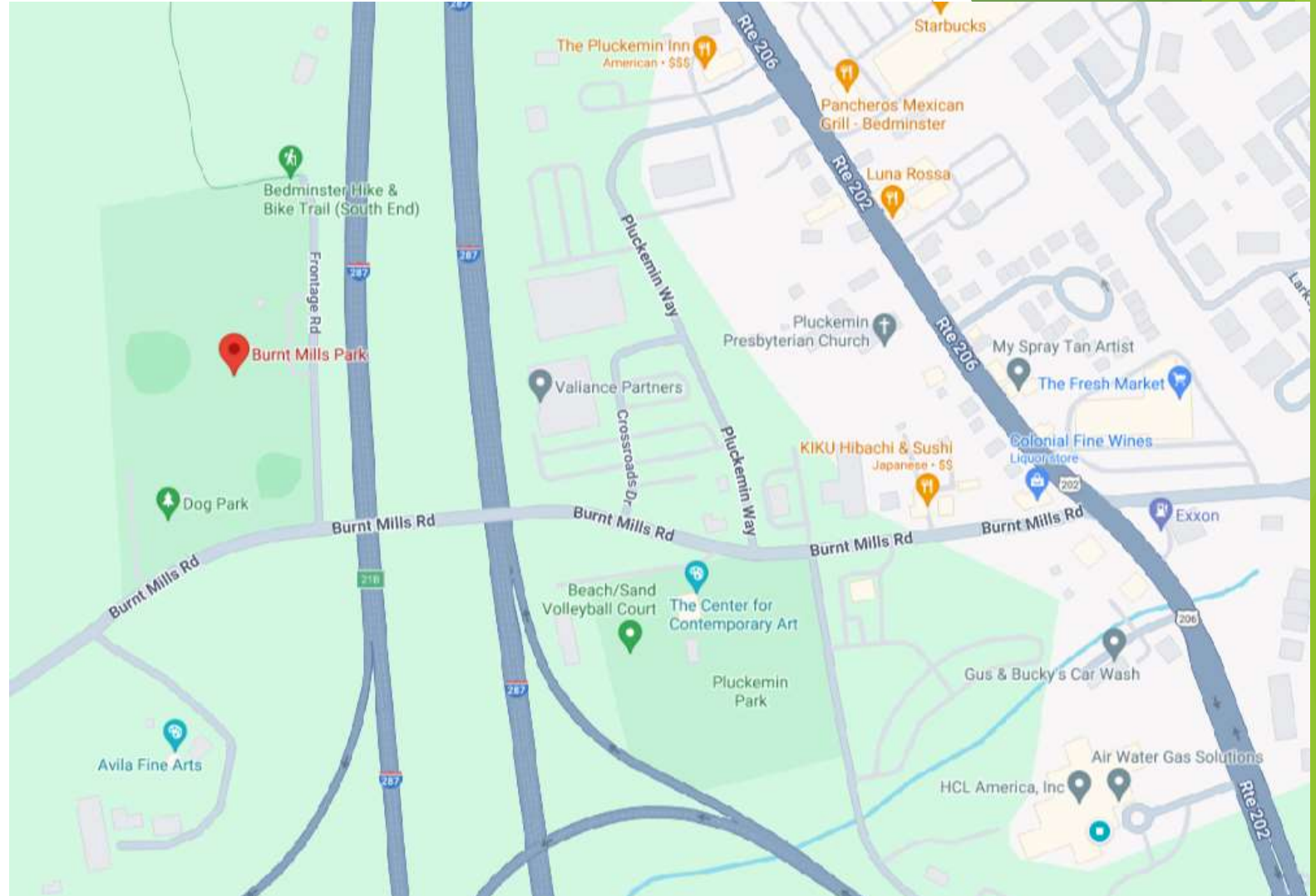


- ▶ **Ready Set Go Adventures**
- ▶ David Schwartz -
 - ▶ Head Adventurer & Race Director
- ▶ Channey Countryman - Packet Pickup Supervisor
- ▶ Patrick Mariani - Timing & Operations
- ▶ Frank Glomb - Route Master



► Burnt Mills Park, Bedminster, NJ

Where It's At?



Parking & Check In

ONLY MEGA XL Park at Burnt Mills Park

ALL OTHER CATEGORIES Park at Bedminster One Corporate Park

Corporate Park Address:
135 route, 202, US-206,
Bedminster, NJ 07921



What Have I Signed Up For?



- ▶ **Mixed Surface Riding**
 - ▶ Paved
 - ▶ Dirt, Rock, Potholes - pretty much anything thrown at you
- ▶ **Guided Course with Aid Stations**
 - ▶ Visual Route Arrows & RideWithGPS Routing
- ▶ **Open Course**
 - ▶ You will encounter other cyclists, walkers, cars & yes even horses
- ▶ **Follow The Rules of The Road**
- ▶ ***You are responsible for making good decisions!***
 - ▶ Caution signs are an indicator of some areas but by no means all areas where hazards could be
- ▶ **Post Race Party with Food & Awards**

Bike & Tire



- ▶ **Beauty of Gravel - Bring Whatcha Got**
- ▶ Soul Ride - Gravel, MTB, Hybrid hell maybe even a road bike
- ▶ Adventure - ups the game but more of the same
- ▶ Mega - Gravel or MTB is a must as you're going to want more comfort for the long haul and slightly wider tires for traction
- ▶ Mega XL - If you're asking we're really concerned
- ▶ Recommend minimum 32mm tires, but 35mm-40mm range best. Looking like overall dry conditions for Saturday so fast rolling tires will play well in this edition.



Keep In Mind



- ▶ From Our Friends at Bedminster Township
- ▶ We have been getting calls from residents regarding the bike race on Sunday and I just wanted to send over a couple reminders for you to pass along to the participants.
- ▶ No Littering. Please pick up and throw away all trash.
- ▶ No urinating or defecating in public.
- ▶ Please have the bike riders aware of any horses that they may come in contact with and to yield to them.
- ▶ Obey all traffic laws.
- ▶ This is an open course and rules of the road are still in effect.

What If?



- ▶ If You Require Medical Assistance

- ▶ Call 911

- ▶ **During Event Only**

- ▶ Please Text Us @ 973-813-9827
- ▶ Store This # in Your Phone
- ▶ Require technical assist or routing
- ▶ If you have a medical issue AFTER calling 911
- ▶ If you exit course early text with bib#
- ▶ If you change to shorter course please do same
- ▶ Text Us Rather Than Leaving A Voice Mail

Race Schedule



- ▶ 6:00 AM MEGA XL Packet Pickup & Merchandise Sales Opens
- ▶ 7:00 AM MEGA XL Start
- ▶ 8:00 AM MEGA Start
- ▶ 8:30 AM ADVENTURE Start
- ▶ 9:00 AM SOUL Start
- ▶ 11:00 AM Post Race Party Starts & Taco Truck Open
- ▶ 11:30 AM Ice Cream Truck Opens
- ▶ 12:00/12:30 PM Soul Awards
- ▶ 2:00/2:30 PM Adventure Awards
- ▶ 3:00/3:30 PM Mega Awards
- ▶ 5:00/5:30 PM Mega XL Awards

Note: Podium Times May Vary Based on Finishing Times

Packet Pickup



- ▶ Packet Pickup at RSGA Yellow Pop Up Tent
- ▶ Have Driver's License ready to show

- ▶ **Packet Pickup Items**
 - ▶ Race Bibs, Twist Ties - *Don't Wrap Around Head Tube*
 - ▶ Jersey Gravel Baseball Cap, Specialized Purist Water Bottle & Sticker
 - ▶ Pre-Ordered Merchandise

- ▶ **Drop Bag for Mega & Adventure**
 - ▶ Use for Personal Hydration/Nutrition for Aid Station 2
 - ▶ Leaves at 8:15 AM

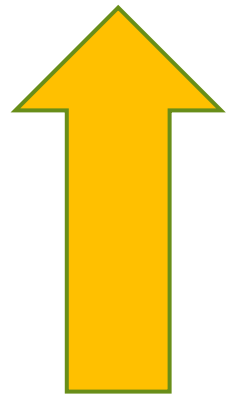
- ▶ **Post Race Party Tickets & Finisher Prize**
 - ▶ **Pick Up When You Finish & Check Back In at Burnt Mills Park**

Packet Pickup Process



Check IN Get Bib

Merchandise
Pickup Pre-Order
& New Purchases



Merchandise



PROMOTION
JERSEY + BIB SHORTS
On Sale
Only \$60 Each



A group of cyclists is riding on a gravel path that winds through a lush green field. The cyclists are wearing colorful gear and helmets. The path is made of dark gravel and has some tire tracks. The background is a vast, open green field under a clear sky.

Distances & Elevation

▶ **MEGA XL**

▶ 125 Miles & 8,050 Feet Elevation

▶ **MEGA**

▶ 86 Miles & 6,300 Feet Elevation

▶ **ADVENTURE**

▶ 56 Miles & 3,700 Feet Elevation

▶ **SOUL**

▶ 27 Miles & 1,400 Feet Elevation



RIDE

W I T H G P S

VOICE NAVIGATION



- ▶ App Use Is Free For Jersey Gravel Grinder
- ▶ All Racers Sent Email With Link
- ▶ Download App To Phone
- ▶ Audio Cues For Turns and Timed Segments
- ▶ Option to download .GPX, .TCX or .FIT file
- ▶ **Bring Portable Battery Charger & cable**



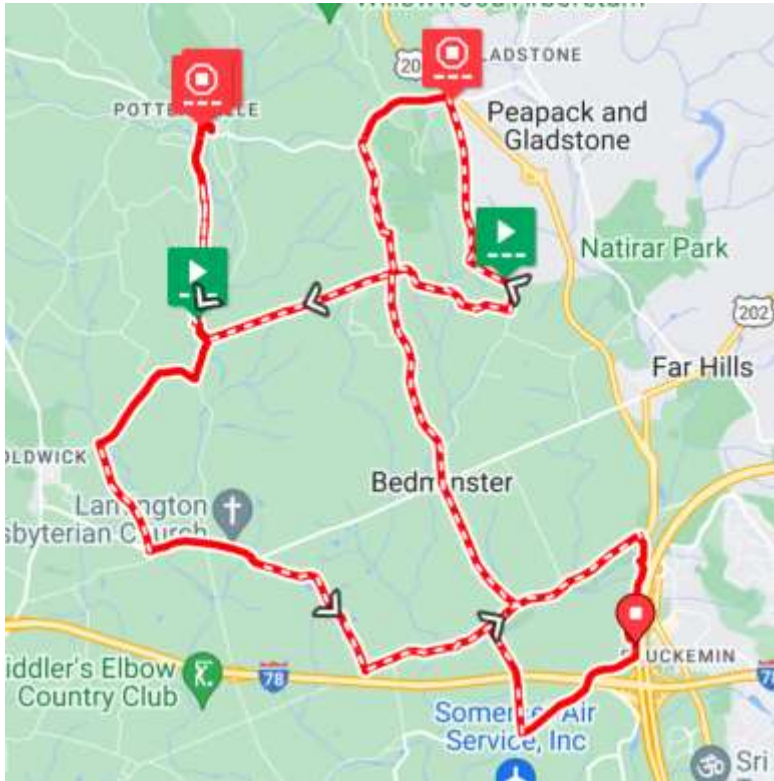
Arrows



SOUL - BLUE
ADVENTURE - PURPLE
MEGA - GREEN
MEGA XL - BLACK



ROUTING NOTES

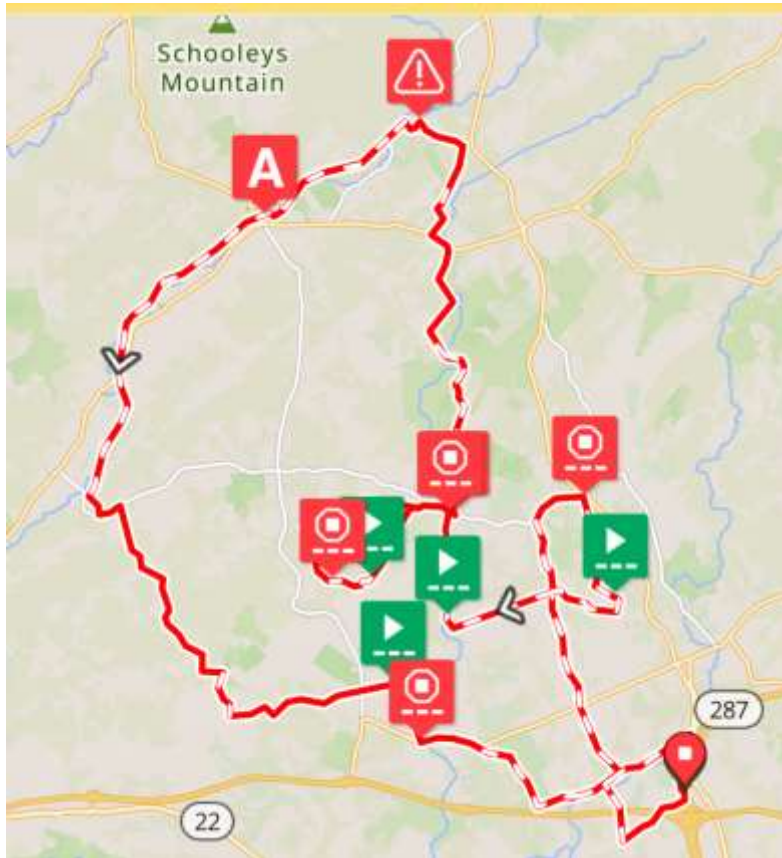


SOUL RIDEWITHGPS MAP

- ▶ **Everyone BLUE ARROW SIGNS until Mile 15.5**
 - ▶ SOUL Makes a Right then Left onto Black River Rd
 - ▶ Mega XL/Mega/Adventure Go Left
- ▶ **SOUL Notes (By Mile Marker)**
 - ▶ 7.6 Segment 1 Fowler
 - ▶ 13.7 Segment 2 McCann Mill
 - ▶ 15.7 Aid Station w/ Pancakes
 - ▶ Head back way you came from Aid Station
 - ▶ 17.9 Bear Right Black River Rd
 - ▶ 25.9 River Rd Park Access Connector to return to Burnt Mills Park



ADVENTURE ROUTING NOTES

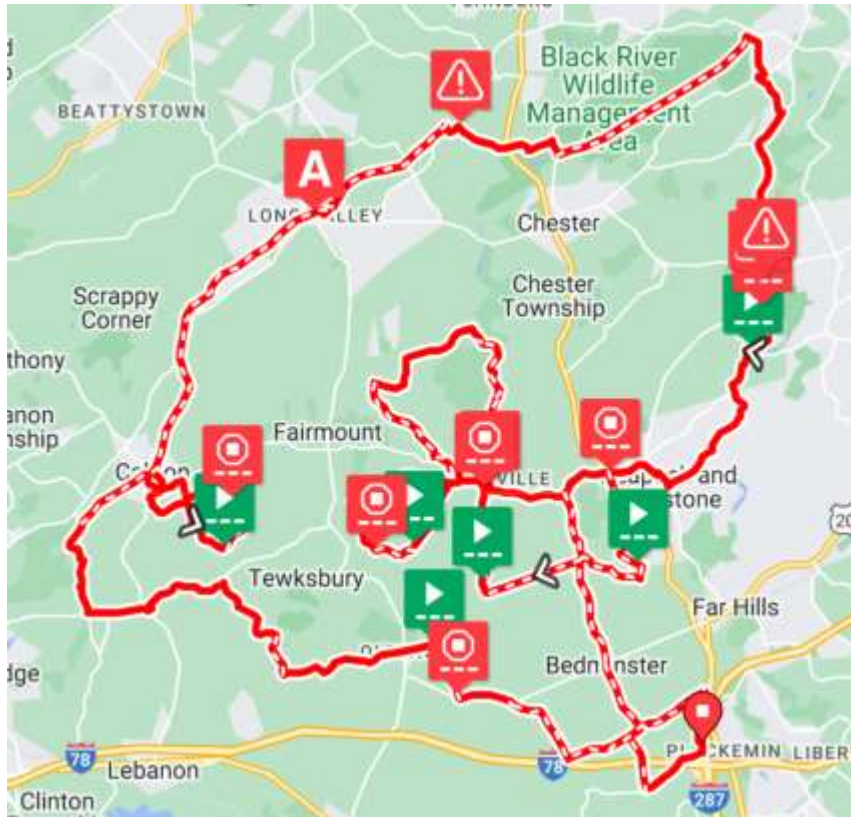


ADVENTURE RIDEWITHGPS MAP

- ▶ **Everyone BLUE ARROW SIGNS until Mile 15.5**
 - ▶ SOUL Makes a Right
 - ▶ Mega XL/Mega/Adventure Go Left

- ▶ **ADVENTURE Follows PURPLE ARROWS**
 - ▶ 7.6 Segment 1 Fowler
 - ▶ 13.7 Segment 2 McCann Mill
 - ▶ 15.5 Left to head into Palatine Loop
 - ▶ 17.5 Segment 3 Palatine
 - ▶ 21.6 Bear Right and stay straight
 - ▶ 22.2 Aid Station w/ Pancakes
 - ▶ Exit to the Right from Aid 1
 - ▶ 30.4 Caution making Left on Bartley
 - ▶ 33.9 Aid 2 Coffee & Drop Bags
 - ▶ 42.2 Split from Mega/Mega XL
 - ▶ 48.3 Segment 4 Cold Brook

MEGA ROUTING NOTES



MEGA RIDEWITHGPS MAP

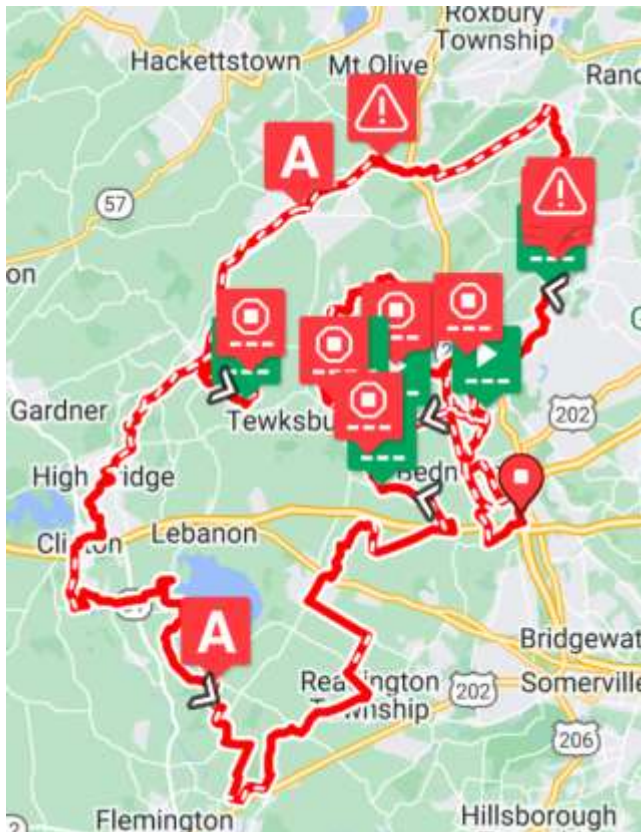
▶ **Everyone BLUE ARROW SIGNS until Mile 15.5**

- ▶ SOUL Makes a Right
- ▶ Mega XL/Mega/Adventure Go Left

▶ **MEGA Follows GREEN ARROWS**

- ▶ 7.6 Segment 1 Fowler
- ▶ 13.7 Segment 2 McCann Mill
- ▶ 15.5 Left to head into Palatine Loop
- ▶ 17.5 Segment 3 Palatine
- ▶ 21.6 Bear Left to Pickle/Hacklebarney Loop
- ▶ 30 Aid Station w/ Pancakes
 - ▶ Exit to the Left from Aid 1 & Left onto Pottersville Rd
- ▶ 37.5 Segment 4 Schiff Preserve Climb
- ▶ 39.5 Use Caution exiting Schiff right on Roxticus
- ▶ 39.8 Use Caution crossing Mendham Rd
- ▶ 51.3 Caution making Left on Bartley
- ▶ 54.7 Aid 2 Coffee & Drop Bags
- ▶ 63.2 Segment 5 Boulder Hill
- ▶ 68.8 Mega/Mega XL Split – go Left onto Hoffman Crossing
- ▶ 78.5 Segment 4 Cold Brook

MEGA XL ADDITIONAL ROUTING NOTES



- ▶ **Everyone BLUE ARROW SIGNS until Mile 15.5**
 - ▶ SOUL Makes a Right
 - ▶ Mega XL/Mega/Adventure Go Left
 - ▶ Ignore Black MEGA XL Signs you see in first 15.5 miles as these are for when you are returning toward Finish
- ▶ **MEGA XL Follows GREEN MEGA ARROWS until Mile 68.8**
 - ▶ 68.8 Stay On Columbia Trail
 - ▶ Last chance to drop to MEGA course
 - ▶ From This Point Follow Black MEGA XL Signs
 - ▶ 87.1 Aid Station 3
 - ▶ 113.8 Segment 6 Cold Brook (Up)

MEGA XL RIDEWITHGPS MAP

CRITICAL COURSE MARKINGS - To Finish



STRAVA RACE SEGMENTS



- ▶ Your race results is the combination of all segments in your route - **not** your start to finish time.
- ▶ You will see an Orange Sign “Approaching Segment” then “Start Segment” and “End Segment”.
- ▶ All segments end before major intersection, so don’t have your head down and ride through a stop sign or traffic light.
- ▶ We’ve picked remote gravel roads for segments, but still be mindful that there may be walkers, other cyclists, horses or cars out there.
- ▶ If you have Paid Version of Strava you can Star the segments, You do not need paid version to be in results.
- ▶ You’ll be able to check the leaderboards on Strava on race day to see your results from each segment

MAKING SURE YOU'RE IN RESULTS



1. Get a Strava account (free one is fine though there are plenty of cool features in the paid version)
2. Join the RSGA Strava club
3. Make sure your ride settings are set as "PUBLIC" (otherwise Strava's privacy protocols will exclude you)
4. Autosync your ride to STRAVA so it uploads when you finish (RideWithGPS App users can also be set up to auto sync to Strava by following these [instructions](#)).
5. Google for instructions for synching if using Garmin or other manufacturers devices.

Race Segments

Click Segment # Below to View Each Strava Segment



- ▶ [Segment 1:](#) Fowler
- ▶ [Segment 2:](#) McCann Mill
- ▶ [Segment 3:](#) Palatine
- ▶ [Segment 4:](#) Schiff
- ▶ [Segment 5:](#) **Boulder Hill**
- ▶ [Segment 6:](#) Cold Brook (Down)
- ▶ [Segment 7:](#) Cold Brook (Up) – Mega XL

MEGA XL 1-5 & 7

MEGA - 1-6

ADVENTURE - 1,2,3 & 6

SOUL - 1 & 2



Podiums



- ▶ Each Race Route competes with just own Route/Age Category
- ▶ Equal Men & Women Podium in All Categories
- ▶ Your Race Age is as of Year End 12/31/24
- ▶ Overall Winners Podiums at Event
- ▶ Leaderboards with Age Group Winners 48-72 hours after event (Digital Certificates)
- ▶ Mega XL, Mega & Adventure Age Group Categories
 - ▶ 29 & Under
 - ▶ 30-39
 - ▶ 40-49
 - ▶ 50-59
 - ▶ 60-69
 - ▶ 70+
- ▶ Soul: Expanded
 - ▶ 49 & Under
 - ▶ 50+



Aid Stations



- ▶ #1 Pottersville Fire Co. (8:30 AM-11:30 AM)
 - ▶ 8 Hacklebarney Rd, Pottersville
 - ▶ Mile 15.7 Soul, 22.2 Adventure, 30 Mega & Mega XL
- ▶ #2 Coffee Potter (9:30 AM - 11:30 AM)
 - ▶ 24 Schooleys Mountain Rd, Long Valley, NJ
 - ▶ Mile 54.7 Mega & Mega XL & 33.9 Adventure
 - ▶ *Drop Bags Will Be Here*
- ▶ #3 Bouman-Stickney (11:00 AM - 2:00 PM)
 - ▶ Stanton Rd & Woodschurch Rd, Readington, NJ
 - ▶ Mile 87.1 Mega XL



Aid Stations

ALL:
Gatorade
Hydration

ALL: Water

ALL: GU Gels
or Chews

AID 1:
Pancakes &
Maple Syrup

AID 2: Coffee
or Double
Espresso

Aid 2 & 3
Pickle Juice

Aid 2 & 3:
Coke

ALL: Bananas



YES. PORT-O-JOHNS. @Aid Stations



PHOTOS - One Imaging Photography



- ▶ Check In at Finish for Meal Ticket
- ▶ Includes
 - ▶ Tacos \$10 Voucher - Add Ons Available
 - ▶ Chicken, Beef or Vegetarian
 - ▶ One Cold Drink - Water or Soda
 - ▶ Podiums & Raffles !!!
- ▶ Additional Meal tickets available for \$15
- ▶ Plus Ice Cream !!



**POST
RACE
PARTY**





▶ Questions?

