

RACE NOTES

DIRECTIONS TO START

River Road Park in Bedminster, NJ is where the event start and the post race awards party will be held.

Event Staff will direct you to parking once you arrive at River Road Park.

Once the front parking lot is filled, all riders will continue to toward the back of the park.

Please do not park on the entrance road until all other areas are filled.

Plan to arrive about 60 minutes before your start.

Please carpool if possible.

EVENT SCHEDULE

7:00 AM Packet Pickup Opens at River Road Park (Just Go to the Yellow RSGA Tent)

Merchandise Pre-Order Pickup and Sales Opens

8:00 AM MEGA Start

8:30 AM Drop Bags for Mega & Adventure leave from River Rd Park to Aid Station 2

8:30 AM ADVENTURE Start

9:00 AM SOUL Start

12:00 PM - 3:00 PM Post Race Awards Party

Taco Truck & Drinks

WEATHER FORECAST

Right now forecast is 54 to 72 degrees and partially Sunny.

Just in case the weather shifts it's always a good idea to have a light jacket.

Pro tip - make sure to pack a full set of dry clothes and towel back at the car to change into.

In case of severe weather we will send out a mass text and adjust course signage which

may result in shorter courses.

RULES OF THE ROAD

A reminder that Jersey Gravel Deux uses Open Roads, and while a large portion of the route is sparsely traveled, you will encounter cars, other cyclist and possibly even horses and hikers. Simply stated, please make sure to follow the rules of the road. At many of the major intersections we have hired local police to provide traffic control. You should still stop at stop signs/red lights. Make sure the officer sees you and keep an eye out for an impatient driver. Especially on descents when you're flying down, make sure to stay on the right hand side of the road and not veer into head on traffic.

RACE BIB NUMBERS

Must be placed in front of your bikes head tube. We'll supply twisties to attach to your handle bars & brake cable. Please make sure your number is clearly visible and NOT wrapped around the head tube.

JGGD COURSE SIGNAGE

We use 12x18 Corpolast Arrow Signs to mark the entire route. Many riders have told us at past events that they just followed our signage. We still recommend having RideWIthGPS or Bike Computer with your route just in case a sign falls down, or you somehow miss a turn.

All Routes Follow Blue Signs to Aid Station 1.

SOUL: BLUE- Signs WHITE Arrows

ADVENTURE: WHITE Signs PURPLE Arrows

MEGA: WHITE Signs GREEN Arrows

CAUTION SIGNS: YELLOW with BLACK Text (Good idea to slow down and watch out for rough

terrain)

STOP AHEAD SIGNS: RED with BLACK Text (Yes slow down a stop is ahead. There are a few

spots where you will be descending fast and want to make sure you stop).

AID STATION SIGNS: RED. Some will have arrows letting you know your approaching an Aid

Station.

SEGMENT SIGNS: APPROACHING, START & END - ORANGE Signs with WHITE Letters. (So if

you don't have on your tech it's no sweat)

IGGD ROUTES

Join your **RideWithGPS Event** to see all routes and download files.

(Emailed to all registered riders)

You will follow BLUE signs all the way to Aid Station 1 (mile 21.3).

From Aid Station 1 MEGA Follow Green Signs & ADVENTURE Follow PURPLE ARROWS.

There are multiple spots where ADVENTURE (Purple) and MEGA (Green) split and reconnect – just follow the PURPLE signs and you'll be fine. Course splits are marked with gold I symbol on the RideWithGPS route maps.

The Final Mega / Adventure split is at mile 48 Adventure / Mile 67 Mega at intersection with Tanners Brook Road. This is last bailout for Mega riders. From this intersection Adventure has 17 miles and Mega 34 miles with significant extra climbs.

As we've invested in an Event account – you can sign up for the FREE version of the App and have full guidance features on race day.

If you're planning on using your own bike computer (Garmin, Wahoo, Hammerhead, etc), then simply view the route you signed up on RideWithGPS and download FIT or GPX file and upload it to your bike computer.

If you are going to use the RideWIthGPS App during the event, it's a good idea to download/save the route in advance to your phone as well. This will save battery life.

LEADERBOARDS & STRAVA SEGMENTS

We will be using our RideWithGPS Event Account to provide Live Posting of Leaderboards. Links to All Leaderboards are up on: www.JerseyGravelGrinder.com or you can access from group or event in RideWithGPS App.

If you clicked the Group link then you should now appear on the leaderboard.

If not, then you probably didn't completely fill in your profile and need to do so. Make sure you've filled in your full name, gender and age. Here's the ADVENTURE Group Link.

To ensure that you properly show up in the Leaderboard, please check your settings

BEFORE the event:

1. Set Up a Free RideWithGPS Account

2. Complete your User Profile: full name, email, gender and age in your RideWithGPS

settings (Go to user profile then Health to edit / add these fields if you didn't do so

when registering).

3. Make sure ride visibility is public/everyone – this must also be done in whatever App

you are synching ride data from (Garmin, Strava, Wahoo, etc)

4. Record Ride using RideWithGPS OR Set Up Synching from Whatever Bike Computer/App

you are using (Just do a Google or YouTube search on instructions to set up

AutoSync to RideWIthGPS)

Leaderboard rankings will be based on the sum of your STRAVA segments.

Once you've cleared a segment DON'T roll back through the segment, otherwise this will be

added to your segment time.

MEGA includes Segments 1-6, ADVENTURE 1-4 & SOUL 1-2.

STRAVA SEGMENTS

S1 FOWLER: https://www.strava.com/segments/34430989

S2 COLD BROOK: https://www.strava.com/segments/34431031

S3 PALATINE: https://www.strava.com/segments/34431068

S4 BOULDER HILL: https://www.strava.com/segments/32786321

AID STATIONS

Please make sure to check in at each aid station so we can confirm where every one is on course.

All aid stations will be stocked with Gatorade Endurance and/or GU Roctane Hydration Mix,

Water & GU Gels

Additionally, we are planning to have the following:

Aid Station 1: Birch Benders Organic Pancakes + REAL Maple Syrup, Bananas & other snacks

Aid Station 2: GU Stroopwaffles, Coke, Salty Snacks, Bananas. FREE Coffee or Double Espresso at Coffee Potter

Aid Station 3: Coke & Salty Snacks

Please take what you need for the ride and leave enough for other riders that will be coming to the aid station after you.

TOILETS

There will be toilets at Start/Finish area as well as at each Aid Station – please use them. We've had complaints in past editions of riders doing their business in the middle of the road or on private property – Don't Do It!

It's a Herculean effort to get all the permits and approvals for over 100 miles in our Jersey Gravel routes. Please don't jeopardize future events.

DROP BAGS

We know many of you rely on your own secret stash for nutrition and hydration, so we're offering drop bag for Adventure & Mega. Pick up a 2 Gallon Zip Lock Bag at registration and make sure to write your bib number on it clearly. Make sure to put the black markers back when you're done! We will have one large storage tub for MEGA and one for ADVENTURE – please make sure to put it in the right one as it will make it easier to sort the bags at the aid station so you can grab it quickly. The truck with drop bag is scheduled to leave at 8:30 AM sharp.

Drop bags will be delivered to **Aid Station 2 Columbia Trail next to the Coffee Potter** which is at mile 63 for MEGA and mile 43.5 for ADVENTURE. You may want to include an extra tube and CO2 cartridge in your bag.

Drop bags will be returned to River Road Par once the last rider with a drop bag has cleared Aid Station 2.

TIRE RECOMMENDATIONS

While you can ride most of the course with 28-32 mm tires, we'd recommend 35-40mm tires for some extra traction and handling – especially as some sections will be wet or muddy. Our go to tends to be a Panaracer GravelKing SK 38mm. Pirelli Cinturato Gravel M would be another good choice. Basically something that rolls well but has some small knobbies on the sides for some of the more chunky areas

VOLUNTEERS NEEDED

We'd love to have a few more volunteers to help at our aid stations. This is a great way for friends and family to be part of the event. Aid Station shifts are only a few hours and everyone that lends a hand gets a free limited edition event shirt and free entry into the post race party with food, drinks & ice cream. Volunteers can register on BikeReg.com/JGG right below race categories.

SPONSORS

We greatly appreciate our sponsors and their support that helps make our Ready Set Go
Adventures so Special. So without further ado – here are our 2024 Jersey Gravel Grinder
Deux Sponsors:

- Trek Bikes NJ Neutral Tech & Aid Station Support
- GU Energy Official Gels & Chews

RACE PHOTOGRAPHY

One Imaging Photography will be at various spots throughout the course so make sure to make your favorite race face when you pass them. We'll be posting a portfolio to our Facebook page and all the pics will be up on their website a few days after the event. Make sure your race bib number is clearly legible so they can tag the photos with your number and easily be found.

QUESTIONS?

Let us know if there's anything that we've left out of these racer notes by emailing us at info@rsgadventures.com. We'll make sure to include Answers in updated racer notes that we'll send out a few days prior to event.